

INSIDE: SPECIAL BAHAMAS EDITION

# SOUTHERN<sup>®</sup> BOATING

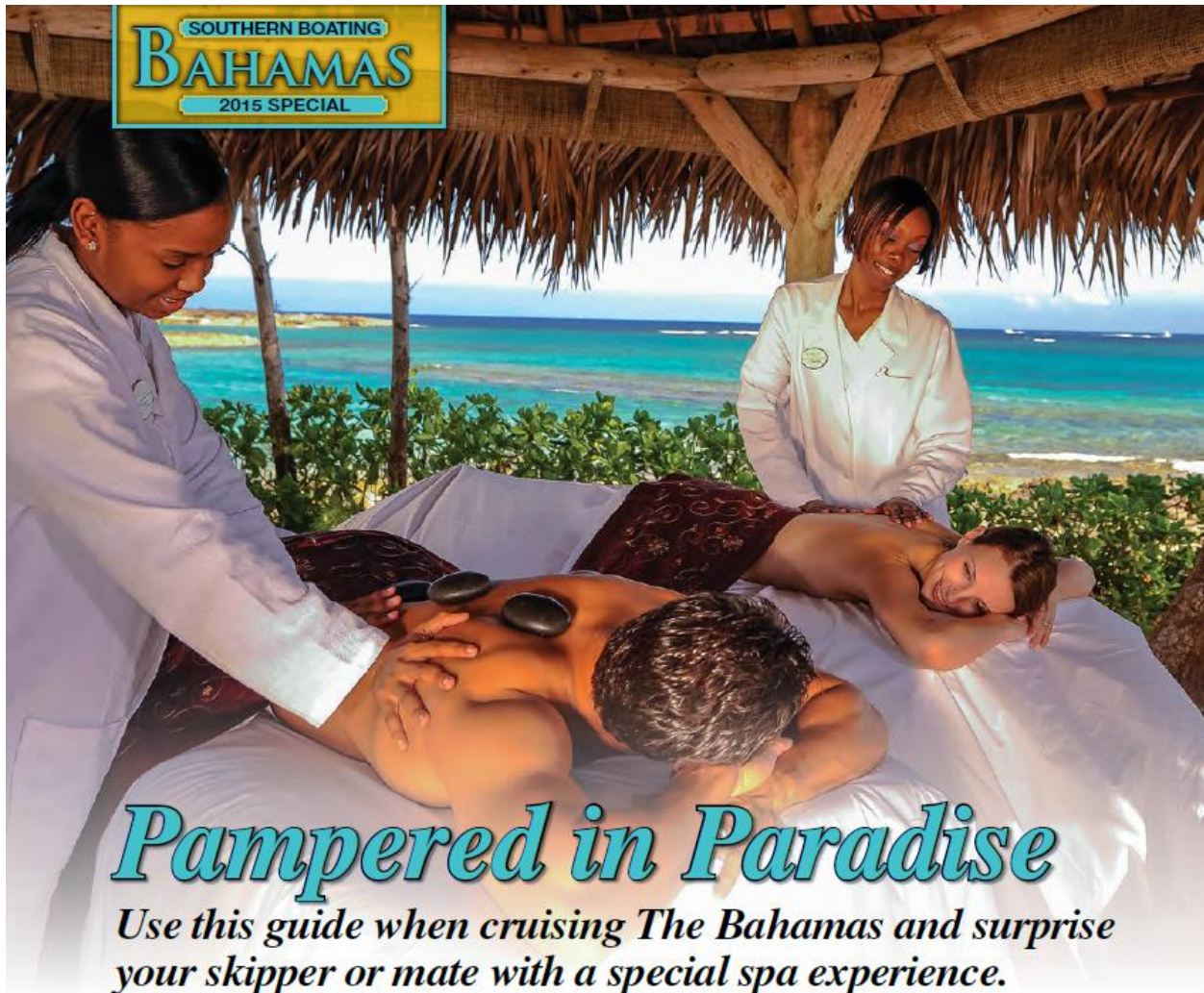
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*Escape*  
TO THE  
OUT ISLANDS

**12**  
REEF-ROAMING  
**RIBs**





## *Pampered in Paradise*

*Use this guide when cruising The Bahamas and surprise your skipper or mate with a special spa experience.*

Experience the ultimate escape with a rejuvenated body, mind and spirit at one of the many oceanfront spas throughout The Bahamas. With soothing therapies and services that range from Balinese-inspired amenities and traditional pampering to individual sanctuaries or couples' spa villas, use this sampling of spas throughout the islands to find your ideal relaxation oasis.

### *The Exumas*

**Grand Isle Resort & Spa** features the SeaStar Spa, which utilizes organic ingredients from the ocean. By following a philosophy of "seawater therapy," SeaStar Spa utilizes methods of natural marine healing to restore internal balance through innovative skin and body care treatments. Signature treatments include SeaStar Lava Shell massage, Exuma Beauty massage, and Island Lime & Ginger Salt Glow. Treatments may be arranged in your private villa. (242) 358-5000; [grandisleresort.com/spa](http://grandisleresort.com/spa)

