

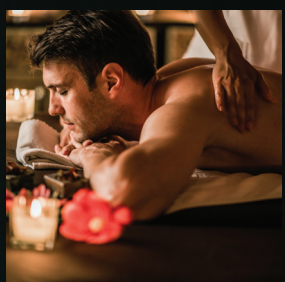


THE

SEASTAR

— S P A —





INDULGE RELAX REJUVENATE

Our intimate SeaStar Spa imports the finest ingredients the ocean has to offer for your skin and body allowing you to indulge, relax and rejuvenate. The Spa recreates the art of marine healing in order to restore balance through innovative skin and body care treatments. Elemis spa therapies work in natural synergy with the skin, mind and body to create long-term results for those seeking solutions to overall well-being. SeaStar Spa treatments are available seven days a week between 9 a.m. and 5 p.m. Advanced reservations for appointments are highly recommended. After-hour treatments can be requested, however, arrangements usually need to be made in advance. If you wish to enjoy Spa services in the privacy of your villa, on the beach or pool this can also be arranged.

PREPARING FOR YOUR SPA EXPERIENCE

MASSAGES | FACIALS | BODY TREATMENTS | PACKAGES | NAIL TREATMENTS | CHILDREN'S SPA

HOURS OF OPERATION

The SeaStar Spa is open from 9:00 a.m. to 5:00 p.m. daily. Extended hours may be available upon request.

APPOINTMENTS

Appointments are recommended. Please contact the Concierge or stop by the Spa to schedule a treatment. Advanced appointments are accepted up to 30 days prior to the appointment.

ARRIVAL TIME

We ask that guests arrive at the Spa 15-minutes prior to their appointment to ensure the full treatment can be performed and enjoyed.

CANCELLATION POLICY

If you wish to cancel your appointment, please notify us at least four hours in advance to avoid being charged the full price for your treatment.

SPECIAL EVENTS

The SeaStar Spa is happy to offer pampering for any special event. If you are interested in reserving treatments for a large party, please contact us at 242.358.5000, ext. 266 and we will be happy to assist you.

Please note:

A 15% gratuity is automatically added for your convenience. All in-villa treatments are subject to a service charge. Service prices and offerings are subject to change without notice.

MASSAGES



MASSAGES

SEASTAR HOT STONE

For the ultimate calming massage, our SeaStar Lava Shell treatment is the soothing solution. The therapist glides the smoothly polished marine seashells over the palms, arms, neck and shoulder area, while focusing on key pressure points. Deep tissue works on tension areas in the shoulders, back and feet, easing muscle tension, knots, and stress points, unblocking energy flow and bringing balance to body, mind, and spirit.

50 min | 80 min

SIGNATURE EXUMA BEAUTY

A combination of massage techniques, including acupressure, reflexology, aromatherapy and Swedish, the treatment also includes deep tissue massage to relax stubborn knots. Combining pressure point techniques, along with folding, kneading and long gliding strokes, this treatment is also an excellent choice for sports injuries inducing you into the deeply relaxed Exuma state of mind.

50 min | 80 min

ULTIMATE SPORTS MASSAGE

Originally developed to help athletes prepare their bodies for competition, this massage emphasizes on stretching for the prevention and healing of injuries to the muscles and tendons by focusing on areas of the body which are over-used and stressed from repetitive and often aggressive movements. People with chronic pain or restricted range of motion can benefit greatly from this massage

50 min | 80 min

DEEP TISSUE

Focusing on deeper tissue structures of the muscle and connective tissue, this massage incorporates many of the techniques of Swedish massage, but the pressure is applied more intensely as the therapist works to release chronic muscle tension and knots, providing a feeling of total relaxation afterward.

50min | 80min

FEET FIXATION

Take a load off with this foot-focused tension releaser. Lower legs and feet are exfoliated, bathed and massaged. Feet are left nourished, feeling soft and smooth.

25 min | 50 min

NECK, BACK AND SHOULDERS

This massage is a great way to kick off your time on the island. In today's busy world we often carry stress in our neck and shoulders. Treat yourself to this luxurious massage to feel your tensions melt away.

50 min | 80 min

THE ROYAL EXPERIENCE

The royal experience massage, as the name indicates, is a four hands massage, and it is a unique massage therapy. Synchronized moves of the two therapists of similar sensibility and massage techniques, together will stimulate your mind, it has a beneficiary influence on the muscle relaxation and tension decrease.

Letting yourself enjoy the experienced and synchronized hands of the royal massage therapists, you are likely to enjoy great pleasure and have an unforgettable experience.

50 min | 80 min



FACIALS

SUPERFOOD PRO-RADIANCE

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying active ingredients. Clinically proven to leave the skin plumper, radiant and lit up with good health.

50 min

DERMALOGICA AGE DEFY

Tackle fine lines and wrinkles with clinically proven age-defying benefits. This targeted massage encourages optimum cellular function for nourished, younger looking skin.

50 min

THE GENTLEMEN'S FACIAL

The gentleman facial is specially designed for all men wanting to take care of their skin. A cleansing and purifying facial designed to address the needs for men's skin including sensitivity, dry patches, dull skin, clogged pores and shaving irritation.

25 min

DERMALOGICA SEASTAR REFRESHER

A deep cleansing introductory facial which refines and re-mineralizes dull lifeless skin to a healthy glow.

25 min

TEEN FACIAL

Designed to introduce and educate our younger clients how to properly take care of their skin, the teen facial targets the specific needs of an adolescent's skin.

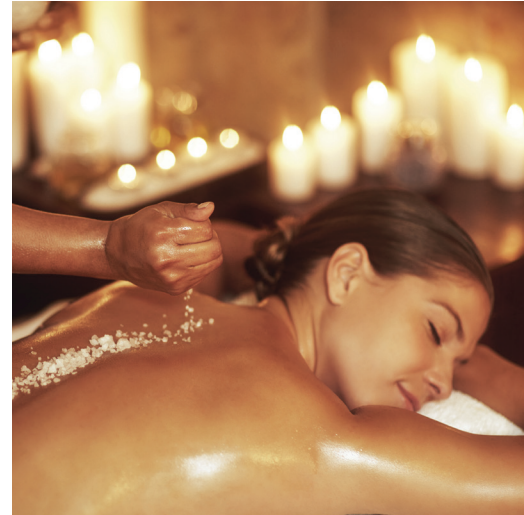
25 min

BACK FACIAL

Ensure your back is as gorgeous as your face. The back facial will leave your skin smooth and banish unsightly blemishes and redness. It is formulated to clarify, cleanse and soften the skin of the back.

25 min

BODY TREATMENTS



BODY TREATMENTS

COCONUT BLISS

Try our Island coconut, organic body scrub, 25-minute followed by a 25-minute relaxing massage with organic coconut oil.
50 min

SOOTHING LEMONGRASS & HONEY

Our signature natural-based formula contains honey and lemongrass extract that has a calming effect. It is the best spa experience one can ever have.
25-minute body scrub followed by a 25-minute soothing massage.
50 min

EXOTIC LIME & GINGER SCRUB

An invigorating salt scrub that cleanses and exfoliates, leaving skin looking toned and feeling exceptionally soft, **leaving you Resort ready!**

You can also add moisture massage to this treatment.
25 min

SUNBURN COOLER

To treat a sunburn, refresh your skin with a soothing, rehydrating, and relaxing wrap that incorporates the cooling and calming benefits of **aloe vera** and tea tree oils.
25 min



PACKAGES

EXUMA AWAKENING

Men, this one's for you... Ultimate Sports Massage; Gentlemen's Facial; Island Pedicure and enjoy a complimentary Feet Fixation Massage.

HEAVEN SCENT

For those who want to glow... Exotic Lime & Ginger Salt Glow body treatment; Dermalogica Refresher Facial; Spa Manicure & Pedicure... this heavenly package is just for you.

SEASTAR ULTIMATE ESCAPE

Choose this package for a truly Tropical Experience... Our Coconut body scrub; Signature Exuma Beauty Massage; Island Spice Manicure & Pedicure; and a complimentary bottle of champagne.

COUPLES

JUST THE TWO OF US

80-Minute Hot Stone side-by-side massage; Island spice hand treatments with mask; Refresher Facials; and a complimentary bottle of Champagne.

STAY IN LOVE

Full Body Coconut scrub; Organic coconut oil Massages; Refresher Facials; Tutorial on how to massage each other and complimentary bottle of Champagne.

PRICE LIST

SPA PACKAGES

EXUMA AWAKENING

Men, this one's for you... Ultimate Sports Massage; Gentlemen's Facial; Island Pedicure and enjoy a complimentary Feet Fixation Massage.

\$320

HEAVEN SCENT *(Body Glow Package)*

For those who want to glow... Exotic Lime & Ginger Salt Glow body treatment; Dermalogica Refresher Facial; Spa Manicure & Pedicure... this heavenly package is just for you.

\$375

SEASTAR ULTIMATE ESCAPE *(Detox & Relax)*

Choose this package for a truly Tropical Experience... Our Coconut body scrub; Signature Exuma Beauty Massage; Island Spice Manicure & Pedicure; and a complimentary bottle of champagne.

\$550

COUPLES | JUST THE TWO OF US

80-Minute Hot Stone side-by-side massage; Island spice hand treatments with mask; Refresher Facials; and a complimentary bottle of Champagne.

\$520

COUPLES | STAY IN LOVE

Full Body Coconut scrub; Organic coconut oil Massages; Refresher Facials; Tutorial on how to massage each other and complimentary bottle of Champagne.

\$735

PRICE LIST

NAIL TREATMENTS

Spa Manicure - 30 min. \$45

Island Spice Manicure - 45 min. \$60

Spa Pedicure - 45 min. \$60

Island Spice Pedicure - 60 min. \$75

French Polish - \$25 *(Additional Charge)*

Polish Change - \$15

Gelish Polish | *Upgrade* - \$25
| *Change* - \$25
| *Removal* - \$20

Gel Acrylic Soak Off - \$30

FACIALS

Superfood Pro-Radiance - 50 min. \$150

Dermalogica Age Defy - 50 min. \$160

The Gentlemen's Facial - 25 min. \$85

Dermalogica SeaStar Refresher - 25 min. \$85

Teen Facial - 25 min. \$85

Back Facial - 25 min. \$100

MASSAGES

Seastar Hot Stone - 50 min. \$140 - 80 min. \$190

Signature Exuma Beauty - 50 min. \$130 - 80 min. \$180

Ultimate Sports Massage - 50 min. \$145 - 80 min. \$185

Deep Tissue - 50 min. \$145 - 80 min. \$195

Feet Fixation - 25 min. \$95 - 50 min. \$130

Neck, Back & Shoulders - 50 min. \$130 - 80 min. \$180

The Royal Experience - 50 min. \$350 - 80 min. \$390

COUPLES PACKAGES

In Villa Services - Plus \$50 service fee per person. Make any massage a couple's massage for 10% off the regular price!

Just The Two Of Us - \$520

Stay In Love - \$735

BODY TREATMENTS

All Body Scrubs - \$110

ADD ON | Moisturizing Massage - 25 min. \$75

PACKAGES

Exuma Awakening - \$320

Heaven Scent - \$375

Seastar Ultimate Escape - \$550

CHILDREN'S SPA

(For children ages 12 & under)

Mini Mani - 30 min. \$25

Our little spa enthusiast will have their nails clipped and buffed. Their hands will then be exfoliated and bathed before their choice of nail color is applied.

Mini Pedi - 45 min. \$45

Our little spa enthusiast will have their nails clipped and buffed. Their hands will then be exfoliated and bathed before their choice of nail color is applied.

Mini Massage - 25 min. \$75

Mini Facial - 25 min. \$80

Hair Braiding Per Braid/Row - \$5

(Walk-ins Only) Your choice of colorful beads!





GRAND ISLE
RESORT

EMERALD BAY, GREAT EXUMA, BAHAMAS

P: 242.358.5000

GrandIsleResort.com/Amenities/SeaStar-Spa