



BREAKFAST MENU

DRINKS

HEALTHY START JUICES 8
Squeezed Orange • Morning Glory
Wake Me UP • Coffee

COFFEE 3
Endless Cup of Coffee

HEALTHY START SMOOTHIES 12
Mean Green • Tropical Sunrise
Berry Blast • ABC

HEALTHY STARTS

AVOCADO TOAST 14
Poached Egg, Cherry Tomato,
French Bread, Avocado

FRESH FRUIT PLATE 12
Seasonal Fruit

ASSORTED CEREALS 10
Corn Flakes, Cheerios,
Raisin Bran, Special K

GRANOLA 13
House Made Granola, Milk, or Yogurt

Choice of Whole, 2%, Soy, or Skim Milk

OATMEAL 10
Brown Sugar, Golden Raisins

GRIDDLE & IRON

BUTTERMILK PANCAKES 13
Plain, Blueberry, Banana

COCONUT FRENCH TOAST 14
Island Toast, Candied Walnuts, Caramel Butter

GRAND ISLE WAFFLES 13
Caramel Butter, Fruit Compote

OMELETTES

MEAT LOVERS 16
Ham, Bacon, Sausage, Cheddar Cheese

EXUMA OMELETTE 14
Exuma Onions, Bell Peppers, Tomato
Fresh Basil, Cheddar Cheese

EGG WHITE OMELETTE 14
Mushrooms, Spinach
Swiss Cheese

————— All Omelets Served with Three Eggs, Waffle-Fries & Toast —————

TWO EGGS ANY STYLE 16
Choice of Bacon, Sausage, Ham, or Turkey, with Waffle Fries & Toast

A TASTE OF THE ISLAND

STEW FISH 25
Johnny Cake or Yellow Grits

FIRE ENGINE WAKE UP CALL 11
Red Hot Corned Beef & Yellow Grits

BAHAMIAN STYLE TUNA SALAD 15
Sliced Avocado, Yellow Grits, Toast

SIDES

SMOKED BACON, SAUSAGE LINKS, HAM, TURKEY BREAST 6

GRITS, TOAST 3

WAFFLE-FRIES 5